

September 2016



There are so many playdough recipes on the internet. I grew up making “flour+water+salt=dough.” But, a sister told me about cooking the dough, and I thought, “of course!” Cooking the playdough requires a lot less flour, and with the addition of cream of tartar and vegetable oil, the playdough became more pliable, less sticky, and lasted longer. I didn’t mind using the stovetop, but <http://tinkerlab.com/rainbow-play-dough/> had a great suggestion. They used boiling water instead of cooking the dough. I haven’t tried, but since our recipes are similar, I wanted to give them a shout-out. They have great kid activities.

My batch is smaller than most recipes. I find my kids tend to let it dry out. They assume mom “took care” of it. So, I’d rather save ingredients and make again. Plus half the fun is the making it.

Ingredients

1 cup water
1 cup flour
1 tsp. cream of tartar
1 tsp. vegetable oil
½ cup salt

*Optional: Food coloring and glitter.
I love the neon food coloring for bright, colorful dough.

Directions

1. Mix everything, except the food coloring and glitter, in a pot. Heat on medium.
2. Stir constantly. It should go from sticky to lumpy to smooth.
3. Remove from pot onto clean surface. The dough will be hot.
4. When it’s cool enough for you to handle, divide the dough into the number of colors you have. I did 5.
5. Pick your desired colors and add enough food coloring and glitter to achieve playdough-perfection.

Please remember to checkout our latest book.

“I Miss You All Day All Week.”

About, Abigail a little girl who is worried about missing her father while he works. They spend time together to think about the adventures to be had when the weekend comes.
(Including playing with play-dough).

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