

Homemade Gummy “Book” Worms

This activity is for those devoted to reading or better known as the **book worms**.

With some gelatin and straws you can make your own gummy worms!

We included a book template for serving.

They are a great snack to eat while you snuggle with your favorite book.



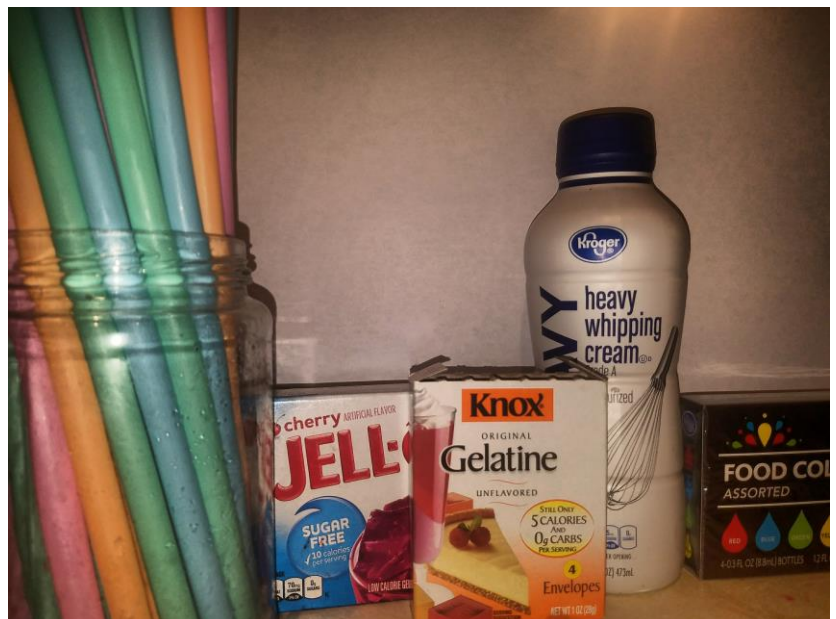
Supplies

- 40 Milkshake Straws**
- 1 small package Jell-O, any flavor
- 3 packages Unflavored Gelatin
- ¼ c. Whipping Cream*
- Food Coloring*
- 24-oz Mason Jar
- 3 cups boiling water
- Bowl of ice water

**Note you can use regular straws but double the quantity. Use bendy straws to add texture, but be sure to open them all the way and flip upside down.

*Optional
Whipping cream makes them opaque. If using only one color it will separate during the cooling process and create a clear half and opaque half.

Food Coloring will give you two distinct colored worms.



Special Equipment – Optional



This is a bag sealer, you can buy it relatively cheap on Amazon. Late in the game, I decided that sealing the straws was better than just the jar, (less gummy waste). But you don't have to use it. You can also seal the straws by melting with a lighter.

Directions

1. Combine the Jell-O and the unflavored gelatin in a large bowl. Add 3 cups boiling water. Stir mixture until the gelatin is dissolved. Let the mixture cool slightly 5-10 minutes. Once cool, mix in the whipping cream.
2. Prepare the straws by putting them upright in the jar. Pour half of the Jell-o mixture over the straws.

ALTERNATIVE STEP

2a. Now, here is where I went rouge and tried something different than the other online recipes. Here is why... For the straws to fill, you rely on the volume of the jar to keep the mixture inside the straws. This can leave a lot of waste.

So I grabbed my plastic bag sealer and sealed the end of the straws. I still put them in jar and poured the liquid on top. It worked beautifully. Of course I discovered this AFTER I used most of the mixture.



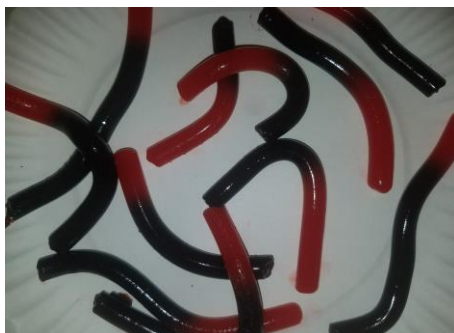
3. Put the jar in an ice bath and let sit for 15 minutes or until the bottom color is set.
4. Add a few drops of food coloring to the remaining mixture. I used blue to make purple. Pour it over the straws.
5. Refrigerate until set. I waited overnight.



6. Run the jar under warm water to loosen. If you skip this, then they won't slide out properly.
7. Using a cup, place the straw on a clean solid surface. Start from the top and roll.



8. Serve and Enjoy. I kept mine in the refrigerator and they kept for several days.



Gummy Worm Books

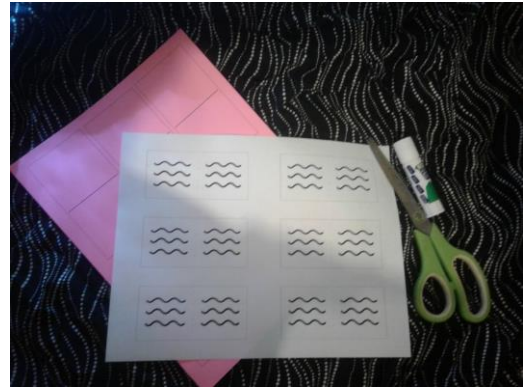
If you aren't too tired from squeezing 40-straws, then create little paper books to complete the "Book Worms"

Supplies

Cover Template Printed on Colored Cardstock

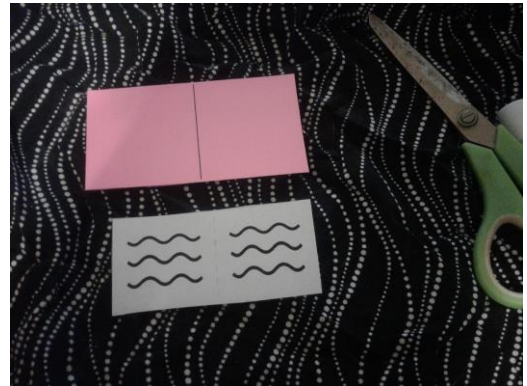
Interior Template Printed on White Cardstock

Scissors and Glue



Directions

Cut out the templates following the outer lines.

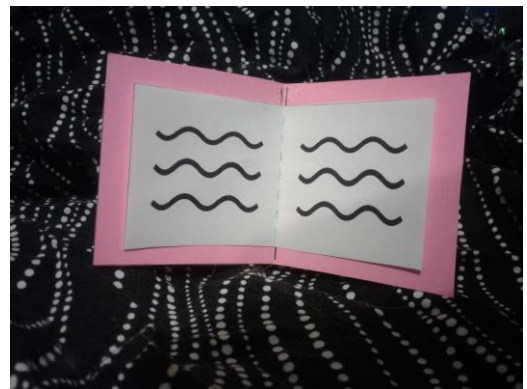


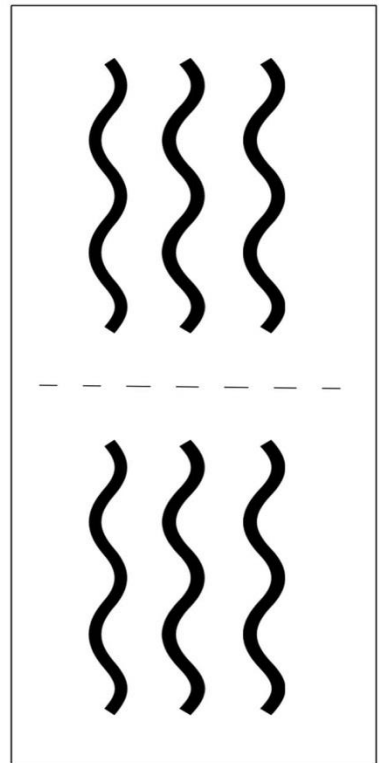
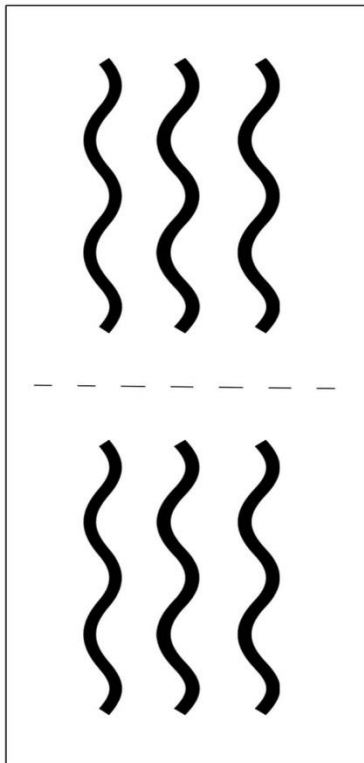
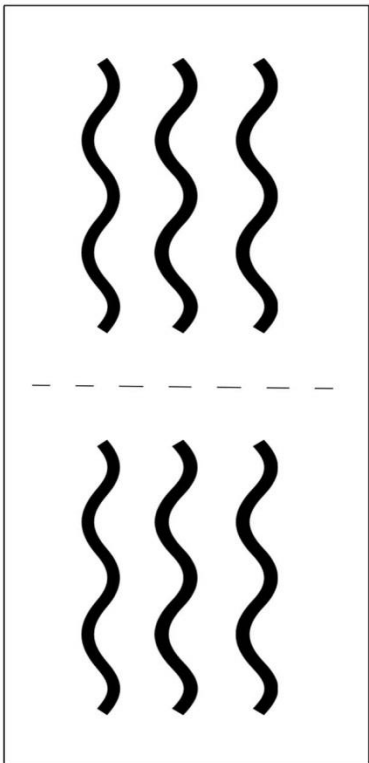
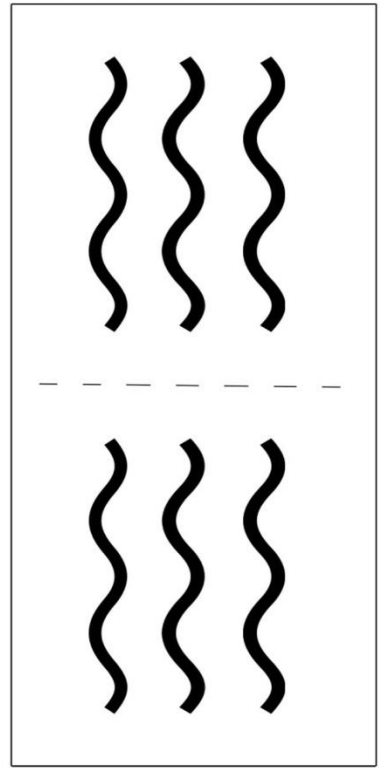
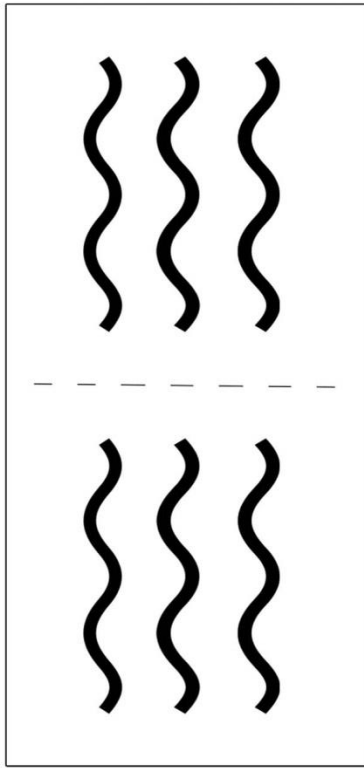
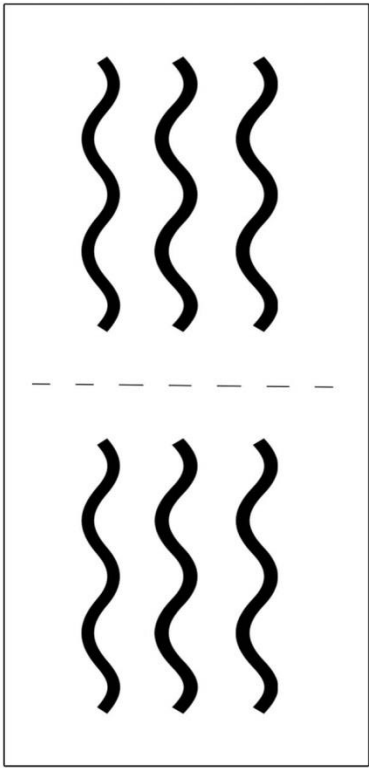
Fold the paper covers and pages along the interior line.
Add glue to the middle of the cover and adhere the interior pages to the cover.



I like the pages to be loose, so I only added glue to the middle, but you can glue the entire page for a flat book.

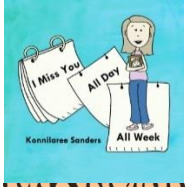
Done!





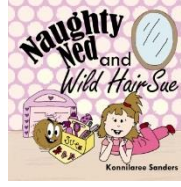
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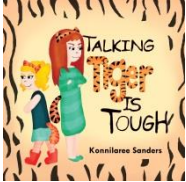
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Happy Playing,

— Konnilarae Sanders



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