

HAIR CARE CHECKLIST & AWARD

from Stories by Mom Children's Books

If you are like me, you are always trying to find creative ways to teach your children. Naughty Ned and Wild Hair Sue is a great book to for teaching self-care and grooming. In addition to reading the book, below is checklist will remind them when and how to take care of their hair. If they continue to meet their goal they can earn the Hair Care Award.

INSTRUCTIONS:

Print the Checklist: Fill out your child's name and the current month.

Make Your Hair Care Goals: As everyone has different needs for their hair, you can choose how often the action should be taken.

Make Notes; Set Additional Award: In addition to the certificate, you can allow for an additional award, i.e. Ice cream for being good at the hair salon.

Track Your Goals: As each day passes, you can check off the action.

Additional Notes: Offer positive reinforcement and talk through each step and why it's important. Use this as quality time. Encourage your child to feel a sense of accomplishment beyond receiving an award. And, of course, read Naughty Ned and Wild Hair Sue and talk about it together.

EXAMPLE

the **Naughty Ned**

from the Children's Book
Naughty Ned and Wild Hair Sue
from www.storiesbymom.com

Name: Abigail
Month: March

Hair Care Checklist

Hair Care Goals

Action	How Often
Shampoo	<u>Daily</u>
Condition	<u>Weekly</u>
Brush	<u>Daily</u>
Style	<u>Daily</u>
Cut	<u>3 Months</u>

Daily Checklist

Mon	Tue	Wed	Thur	Fri	Sat	Sun
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Notes: Needs haircut
Earn Certificate and Ice Cream

(C) Konnilee Sanders 2017

the

Naughty Ned



From the Children's Book
Naughty Ned and Wild Hair Sue
From www.storiesbymom.com

Name: _____

Month: _____

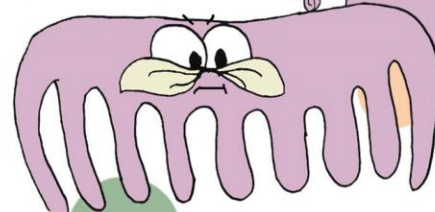
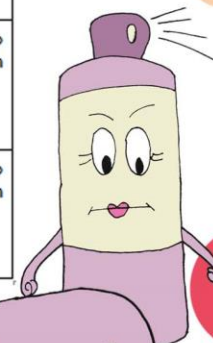
Hair Care Checklist

Hair Care Goals

Action	How Often
Shampoo	
Condition	
Brush	
Style	
Cut	

Daily Checklist

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Notes: _____

the

Naughty Ned

Hair Care Award

From the Children's Book
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name _____

date _____

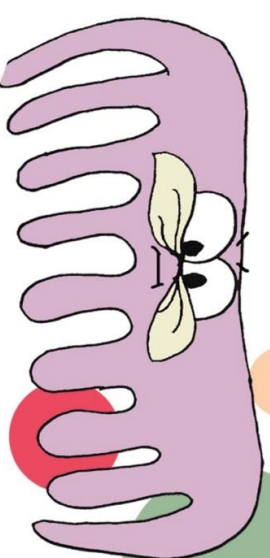
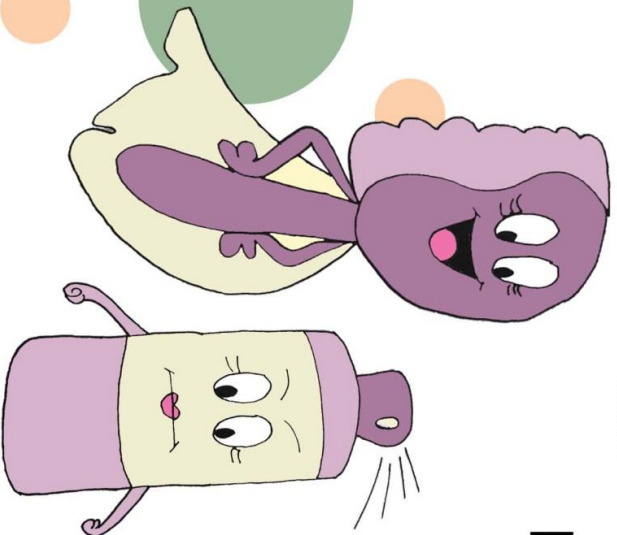
This is to certify

Kept Naughty Ned Away

Wild
to
Styled

and they Promise to

Shampoo, Condition,
Brush/Comb, Style, and
cut their hair.



Thank you for you for downloading this free activity. I hope it encourages your child to be self-reliant and maintain good grooming habits.

We encourage you to share our activities as much as you like. We just ask that you also please share our website. Stories by Mom is a self-published book and we can use all the help we can get to get it out there. Our goal is to use our books and activities to excite children about reading and encourage growth. We hope they can relate and have fun.

Happy playing,

Konnilaree Sanders

www.storiesbymom.com

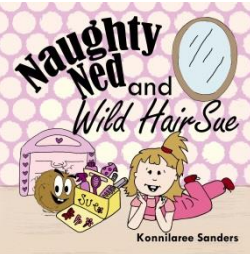
Please remember to check out books.

You can buy on our website or Amazon. If you love it, please leave a review



“I Miss You All Day All Week.”

About, Abigail a little girl who is worried about missing her father while he works. They spend time together to think about the adventures to be had when the weekend comes.



“Naughty Ned and Wild Hair Sue”

Sue is a little girl who refuses to brush her hair. She loves her new friend Ned, a hair knot. But, the fun does not last for long as he was a naughty knot. Sue learns an important lesson about brushing her hair in this harebrained tale.

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